



brainbutter
FACT SHEET



and remember
this please ...

SID

Sensory Integration Disorder

Student:

Class:

STICK
PROFILE PICTURE
HERE

About SID (Sensory Integration Disorder)

- My brain doesn't process information brought in by the senses properly.
- This makes me oversensitive or under sensitive to certain sounds, smells, textures, movement and visuals.
- According to Woliver, "SID is a neurological disorder and can be found in 70% of children who have LDs" (379).
- Sounds, smells, touch, balance and sight can all be affected in different ways depending on my symptoms.
- I can be over and/or undersensitive in one or all of the senses. In other words, if I were a baby who was oversensitive to flannelette, I'd cry a lot if I were wrapped in flannelette sheets. Or, if I were a three year old who was undersensitive to soft textures, I'd be very happy with a silk sheet wrapped around my legs at night.
- My brain is wired differently but I am intelligent. My characteristics can be contrasting, and confusing, or illogical.
- I might have a low or high pain threshold, be intolerant of textures, love spinning, hate baths, can't tie shoes, jump a lot all depending on my processing of senses.

What do I need?

- I need to be taken seriously as I'm not just being dramatic. Things may hurt or irritate me that wouldn't hurt or irritate you.
- Sensory integrative therapy (by an OT) to help organise my sensory system.
- Touching and moving in my therapy will help me. i.e kneading dough, karate, bubble blowing, water, sand, pushing and pulling items, etcetera.
- Please be patient. I can't help my feelings.