



brainbutter
FACT SHEET



and remember
this please ...

ASPERGERS syndrome

Student:

Class:

STICK
PROFILE PICTURE
HERE

About Asperger's Syndrome

- I am quite complex.
- I really do misread social situations but some people think I'm being difficult and playing games or manipulating situations.
- I like/need every question answered. A lot of the time my questions will be off topic.
- I need the answers to my questions to make sense and be realistic. I don't get: "Because I said so". "That's enough now". Or "It just is that way". Those answers are confusing to me.
- I am different to another person you may know with Asperger's as one aspect does not fit all people with Asperger's.
- Some things I may share with others who have Asperger's are:
I may be really annoying, very specific, find it hard to make social conversation. I may talk at people and not always into their eyes or I may stare intensely into people's eyes. I may not always smile a lot and some people think I am being rude or miserable. You might think I don't have friends but I think I do have friends. I may have an extraordinary vocabulary but not know how to use it in a social situation. I may be very affectionate and sometimes smother people or I may cringe when people come close to me. I can become obsessed and fixated on certain things. I may feel pain with clothing, weather, eating, playing or touching but then if I am another person with Asperger's I may not notice noise, taste or temperature. In other words I can be sensitive to smells, sounds, sight, taste or touch.
- I often have an interest and I know every detail about that interest.
- People with Asperger's can be extremely smart like Einstein or not able to speak and/or have a mild intellectual delay. Each person is different and sees things differently.

What do I need?

- Allow me to pursue the seeking of knowledge, truth and perfection (Atwood) in the classroom and at home. I could be trained to do this by myself on the computer or in books as I do find it hard to let things go.
- Understanding that I feel anxious when there is change. I need pre-warning (where possible and empathy when this is not possible).
- Teach me social skills, as I am mostly challenged in this area.
- Understand that I can lack empathy and my opinions can be one sided but I'm not trying to be mean or rude.
- Pictures and stories as I find it tricky to see the bigger picture with words and might just focus on the detail.
- As I really like routine, sameness and habit, please give it to me.
- Lots of structure to make me feel safe and assured that there is a plan.
- Accept my quirks and me and believe that I can thrive.